

Prof. Dr. Xiaojun WANG

研究方向：中医运动疗法理论与方法，医疗太极、医疗气功、中医运动处方等

Research fields: TCM exercise therapy theory and methods, medical Tai Chi, medical Qigong, TCM exercise prescription, etc.

王晓军，博士，教授，博士生导师，北京体育大学传统运动康养研究中心主任

哈佛大学医学院中医运动疗法主讲嘉宾，国际水中康复协会中国分会（ATA-CHINA）中医运动疗法专委会主任，中国残疾人康复协会水中康复治疗专委会副主任委员，运动处方中国专家共识组成员，水中中医运动疗法创始人，代表性专著有《水中中医运动疗法》《中医运动处方理论及其治疗个案研究》等。受国家委派赴美国加拿大、澳大利亚、比利时、西班牙、日本等国家传播中医运动疗法。

Dr. Wang Xiaojun holds the PhD supervisor of Beijing Sport University and also the Director of Health Promotion Through Traditional Chinese Exercise Research Center.

He is the keynote speaker of TCM Exercise Therapy of Harvard Medical School Chairman of Traditional Chinese Medicine Exercise Therapy Professional Committee of IA-TA-CHINA, Deputy Chairman of the Aquatic Therapy Professional Committee of the China Association of Rehabilitation of Disabled Persons. He is also a member of Chinas exercise prescription expert consensus panel He creates Traditional Chinese Medicine Aquatic Therapy CTCMAT. His representative work include: Traditional Chinese Medicine Aquatic Therapy and Traditional Chinese Medicine Exercise Therapy. He was entrusted by the country to publicize TCM exercise therapy in the USA Canada. Australia Belgium Spain and Japan etc. core academic journals and led several projects at national level. She ever won the Second Prize of National Teaching Achievement